




Question No.	Questions	Option 1	Option 2	Option 3	Option 4	Correct Answer
1	<p>Look at the trekking route shown in the image. Which trail should be avoided based on walking distance and safety?</p> 	Trail A – long distance, safe terrain	Trail B – short distance, passes through steep cliffs	Trail C – moderate distance, moderate terrain	Trail D – easy flat trail	2
2	A trekking group is scheduled to start in two days. On checking the service provider details, it is found that the hotel reservation in the base town does not match the booking confirmation and transport schedules are	Proceed with the trek without confirming details	Cancel the reservations and make new bookings on the day of the trek	Verify and update all hotel and transport details and communicate to the crew	Wait for the trek leader to resolve the issue	3
3	Before starting a trek, it is required to update contact details of local police, hospitals, and government departments and share the trek plan in advance.	TRUE	FALSE			1
4	To ensure smooth trekking operations, the camp crew should depart on time with all equipment and provisions to set up the next camp _____ the arrival of students or clients.	randomly	during	after	before	4
5	<p>Which of the following practices is correct when handing over students' bags to the porters?</p> 	Count all bags first and hand them over systematically	Let students place bags on ponies themselves	Hand over only heavy bags to porters	Ignore checking bags, load randomly	1
6	<p>During a rest stop, trekkers notice unusual plants and local birds. One participant asks about the medicinal properties of a plant found nearby. Another points out animal tracks. The trekking staff must provide accurate, safe, and engaging information.</p> <p>What is the correct approach to handle this situation?</p>	Provide unverified information to satisfy curiosity	Allow participants to pick plants for examination	Explain flora and fauna, highlight medicinal herbs, and provide educational commentary safely	Ignore questions to save time and continue trekking	3
7	<p>Assertion (A): Small groups with regular stops are maintained during trekking.</p> <p>Reason (R): Maintaining small groups and regular stops helps in monitoring participants for altitude sickness and</p>	Both A and R are true, and R is the correct explanation of A	Both A and R are true, but R is not the correct explanation of A	A is true, R is false	A is false, R is true	1
8	<p>Arrange the steps in order for ending a trekking day to ensure clarity for the next day:</p> <ol style="list-style-type: none"> 1. Receive instructions for next day from trek leader 2. Share instructions clearly with participants and crew 3. Verify campsite setup and equipment readiness 4. Note any feedback or issues from participants 	1 → 2 → 4 → 3	1 → 4 → 2 → 3	4 → 1 → 3 → 2	2 → 1 → 3 → 4	2
9	<p>Assertion (A): Photos and videos of the trek should be documented using a company camera or personal phone, avoiding selfies.</p> <p>Reason (R): This ensures professional recording of the</p>	Both A and R are true, and R is the correct explanation of A	Both A and R are true, but R is not the correct explanation of A	A is true, R is false	A is false, R is true	1
10	During trekking, which of the following actions aligns with protecting fragile habitats?	Walking off marked trails	Avoiding littering and not disturbing flora/fauna	Collecting plants for souvenirs	Leaving waste near campsites	2

11	<p>After completing a trek, the trekking team identifies that one section of the route caused delays due to steep terrain and insufficient rest points. Participants also suggested better hydration arrangements and clearer campsite marking.</p> <p>What actions should be taken to provide constructive feedback for future expeditions?</p>	Document the feedback on route, participant experience, and suggested improvements, then share with stakeholders and the team	Ignore participant suggestions and follow the previous plan	Only report delays in the route section to stakeholders	Change the route immediately without team discussion	1
12	<p>What action should the staff take when encountering transport issues as shown in the image?</p> 	Cancel the trek immediately	Record the issues and report to the trek supervisor	Ignore the problem and continue	Ask participants to fix the vehicle	2
13	<p>Assertion (A): Daily evaluation of rescue and evacuation procedures is essential before starting a trek. Reason (R): Communicating these procedures to the crew ensures everyone is prepared for emergencies.</p>	Both A and R are true, and R is the correct explanation of A	Both A and R are true, but R is not the correct explanation of A	A is true, R is false	A is false, R is true	1
14	<p>Arrange the following steps in correct order for performing safety checks before a trek:</p> <ol style="list-style-type: none"> 1. Check all equipment for functionality 2. Inspect trekking route for hazards 3. Update crew on safety status 4. Note any required corrections 	2 → 4 → 1 → 3	1 → 2 → 4 → 3	2 → 1 → 3 → 4	1 → 4 → 2 → 3	2
15	<p>During a trek, a sudden landslide occurs on the main trail. Participants are mid-way to the campsite, and the trekking staff must coordinate with external rescue teams while ensuring participant safety.</p> <p>What steps should be taken to manage this situation effectively?</p>	Focus only on equipment safety and ignore participant movement	Move participants without contacting rescue teams or assessing risk	Wait for the landslide to stop and continue trekking without notifying rescue teams	Establish communication with rescue teams, assist in organizing air or land support, and manage participant movement safely	4